

Many studies and research papers were conducted and provided the following informations regarding mask wearing:

- Face masks were found to have no detectable effect against transmission of viral infections
- Penetration of cloth masks by particles was almost 97%
- Mask wearers had significantly increased dyspnea after a 6-minute walk than non-mask wearers
- Healthcare workers wearing cloth masks had significantly higher rates of influenza-like illness
- The increased rate of infection in mask-wearers may be due to a weakening of immune function during mask use.
- Self-contamination by touching and reusing contaminated mask due to respiratory pathogens on the outer surface of masks
- Moisture retention, reuse of cloth masks and poor filtration may result in increased risk of infection
- Face masks trap exhaled viral particles forcing the mask wearer to re-breathe the viral particles, thus increasing infectious viral particles in the airways and lungs.
- Masks trap CO2 rich respiratory exhalations forcing breathing of CO2, raising the CO2 levels in your body
- Oxygen deprivation
- Headache and/or breathing difficulties
- Permanent neurological damage (especially with children)
- Development of facial skin lesions, irritant dermatitis or acne
- Waste management issues
- Disadvantages especially for children, developmentally challenged persons, those with mental illness, persons with cognitive impairment, those with asthma or chronic respiratory or breathing problems
- They create a false sense of security, safety, well-being, and trust in hospitals or other places, and a false sense of control of virus & life
- Direct violation of the Nuremberg Code, Article 6 of UNESCO
For more info check: <https://covid-crime.org/masks/>

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